



reconnecting.life

a personal journey  
in leadership & life



If you could not fail, what would you do?

SERVE WITH DIGNITY

SEE WITH CLARITY

BE RESILIENT



# A WARRIOR'S JOURNEY

restoring leadership  
reconnecting humans to life

Are you looking for a way to handle organizational fragmentations,  
power games, protection of domains and personal agendas?

Do you sometimes feel pushed to compromise  
in what you are and what you believe in?

Are you exhausted from leading change efforts  
that you doubt have lasting effect?

Do you search for a true way of being in business,  
operating with power, compassion & wisdom ?

Are you longing to live in balance as a fully integrated human being,  
true to what you are and what you believe in?

Do you want to be a warrior in your own life,  
restoring the true purpose of leadership?

Do you want to go on a personal journey,  
releasing true and lasting change from within?



We invite you on A Warrior's Journey,  
Walking the Walk of leadership and life

Power and Wisdom without Compassion is ruthless  
Compassion without Power and Wisdom is harmless  
Wisdom without Power and Compassion is useless  
The holarity of Power, Compassion & Wisdom is transmuting

*“The essence of Warriorship, or the essence of human bravery, is refusing to give up on anyone or anything.”*  
- Chögyam Trungpa

# A WARRIOR’S JOURNEY

## Walking the Walk

**A Warrior’s Journey is a Life-Changing Program** with the purpose of restoring leadership by reconnecting humans to life.

The program addresses leaders at all levels and in different functions who are searching for another way of being in business and to live life in a healthier, more efficient and balanced way for the benefit of the whole.

**The program consists of 3 annual wheels**, which will inspire, support and guide you in your personal transition of living and leading fully integrated from within.

### From Polarity

**Power, Knowledge & Control**  
*A Conflicting Drama Triangle*  
*Polarity, Fragmented - Ego-driven*  
*Confusion, Tension & Delusion*

**Ordering** 2<sup>nd</sup>  
“Persecutor”  
• Self-asserting  
• Puffed Ego Clinging  
• Domination

**Controlling** 3<sup>rd</sup>  
“Rescuer”  
• Self-assuring  
• Oppressed Ego Clinging  
• Divided & Trapped

**Obeying** 1<sup>st</sup>  
“Victim”  
• Self-degrading  
• Bugged Ego Clinging  
• Disengagement

**Power, Compassion & Wisdom**  
*A Balanced and Integrated Trinity*  
*Holarity, Integrated - Ethical driven*  
*Dignity, Clarity & Resilience*

**Creating**  
“Personal Leader”  
Self-value •  
Relating with Ego •  
A License to Self •

**Transforming**  
“Transformant Leader”  
Self-confidence •  
Dancing with Ego •  
A License to Life •

**Serving**  
“Servant Leader”  
Selflessness •  
Embracing Ego •  
A License to Serve •

### To Holarity

Reconnecting  
Reuniting  
Restoring



This program takes you on a quantum leap in consciousness allowing you to unfold and use all of your potentials and abilities operating and serving in holarity with a refreshed, more crisp, complete and clear awareness.

*A student asked the master: "What is Ego and what is Self?"  
The master replied: "Self is identity. Ego is the clinging to that identity."  
- Kyabgön Phakchok*

*Ego is the confused part of us, which has not yet realized  
that we are fully enlightened beings.  
- Charles Olivier*

## A WARRIOR'S JOURNEY

### Turning The Wheel of Life

Each annual wheel is conducted as a turn of the wheel consisting of twelve stages combined in a number of modules, starting in August - ending in June.

#### **1<sup>st</sup> Year: Turning The Wheel of Self**

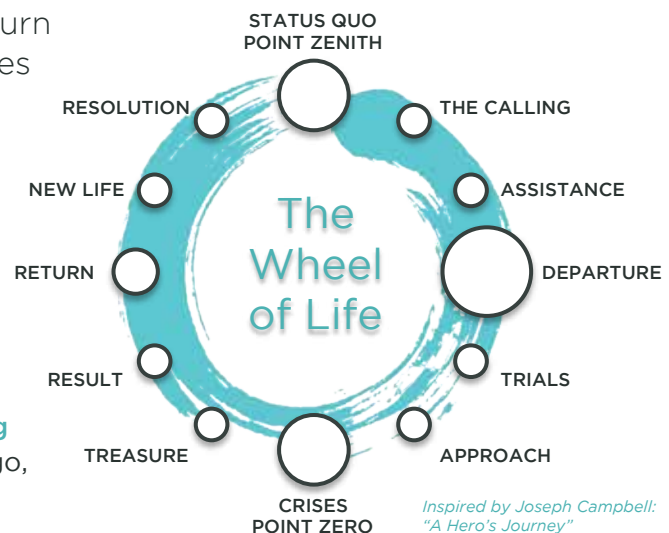
Personal Leadership, Taming Ego,  
A License to Self

#### **2<sup>nd</sup> Year: Turning The Wheel of Serving**

Servant Leadership, Transcending Ego,  
A License to Serve

#### **3<sup>rd</sup> Year: Turning The Wheel of Transforming**

Transformational Leadership, Transmuting Ego,  
A License to Life



#### **Consciously Working with Ego**

Ego disguises itself in many forms and plays many tricks on us, disturbing our efforts in living our lives in balance with dignity, resilience and clarity. To make true and lasting change possible from within each turn of the wheel works with Ego in various ways, transmuting Ego into a trustworthy and helpful 'partner'.

#### **Community of Fellow Travelers**

A Warrior's Journey is your opportunity to meet and share in a community of fellow travelers, all having different experiences in various positions and life situations. All sharing similar challenges when it comes to live their life in balance and in accordance with a deeper calling and purpose of being a leader.

#### **Continuous & Evolving Learning Process**

Turning the wheel is a continuous and evolving process. Your personal learning and development will be encouraged by experienced facilitators supporting you in exploring the different stages, using: conceptual frameworks, co-creative trinities, coaching and mentoring, meditation, contemplation and reflection in silence, deep dialogue, open space and constellation work, body-mind techniques, rites of passages and being in nature.

# 1<sup>st</sup> Turn Modules: The Wheel of Self, 2017-18

## Personal Leadership, Taming Ego, A License to Self

*"There is a difference between knowing the path & walking the path" - Morpheus, The Matrix*

- 1 **August 26<sup>th</sup>, 9.30-17.00**
  - Frame Work & Setting the Scene
  - The Inevitable Necessity & Shift in Paradigm
  - A Warrior's Journey
  - **The 5 Connectors\***
  - Ways of Working, Core Values, Beliefs & Meditation
- 2 **September 22<sup>nd</sup>, 9.30-17.00**  
**September 23<sup>rd</sup>, 9.00-15.00**
  - Precious Human Life
  - Forming the idea & possibility of another way of being
  - Glimpses of a Deeper Life Purpose
  - Fellowship, Companionship & Mentorship
- 3 **October 20<sup>th</sup>, 9.30-17.00**  
**October 21<sup>st</sup>, 9.00-15.00**
  - 1 **Business & Genuine Leadership\***
  - Entering Extraordinary World
  - Leaving Safe Ground - Glimpses of Ego
  - Facing Resistance & Loneliness
- 4 **November 24<sup>th</sup>, 9.30-17.00**  
**November 25<sup>th</sup>, 9.00-15.00**
  - 2 **Man & Nature\*** - Ego & Eco
  - Flirting with another way of being
  - Facing Ego (Ego vs. Self) - Self Care
  - Facing Resistance & Humiliation
- 5 **December 15<sup>th</sup>, 9.30-17.00**  
**December 16<sup>th</sup>, 9.00-15.00**
  - 3 **Science & Spirituality\***
  - Facing The Void & Facing Fear
  - Exploring & Challenging Ego
  - Facing Resistance & Aggression
  - Determination, Discipline & Courage
- 6 **January 19<sup>th</sup> - 21<sup>st</sup>, 9.30-13.00**  
*3 days with sleepover in sleeping bags*
  - 4 **Living & Life\*** - Living & Dying
  - Recognizing Ego
  - The Act of Simply Being
  - Glimpses of a New Life
  - Fearlessness & Empowerment
- 7 **March 16<sup>th</sup>, 9.30-17.00**  
**March 17<sup>th</sup>, 9.00-15.00**
  - Reconnecting to Self
  - Emerging Clarity & Resilience
  - Acknowledging Ego
  - Dignity, Confidence & Power
  - The Personal Leader
  - The Awakened Warrior
- 8 **May 4<sup>th</sup>, 9.30-17.00**  
**May 5<sup>th</sup>, 9.00-15.00**
  - 5 **Making & Magic\***
  - Reengaging The Ordinary World
  - A Victorious Refugee
  - Hanging out with Ego
  - Awakefulness & Awareness
  - Mindfulness in Action
  - Peaceful & Joyful Sadness



- 9 **June 16<sup>th</sup>, 9.30-17.00**
  - Experiences of a Personal Leader
  - License to Self & Being with Ego
  - Celebrating New Life
  - Remembering The Calling

**Place:** Straagaarden  
Bregneroedvej 8  
DK-3250, Gilleleje

**Request to participate:**

- [mail@reconnecting.life](mailto:mail@reconnecting.life)
- [www.reconnecting.life](http://www.reconnecting.life)

*The program for the 2<sup>nd</sup> and 3<sup>rd</sup> Turn of The Wheel will be announced in spring 2017.*



*Straagaarden* is the main center of reconnecting.life and provides the settings for all modules of A Warrior's Journey.

**We believe that nature is a pivotal part of reconnecting to life.** Straagaarden is an ecological farm and the biggest Straw-bale Farm in Denmark situated in the beautiful nature of North Zealand surrounded by fields, only 35 minutes from the center of Copenhagen and 7 minutes walk from a train whistle stop.

#### Straagaarden is based on 5 Living Principles:

- We co-create by giving and receiving
- We share the same Earth
- We therefore share the same common interest to live in unity
- We understand that we are part of Nature
- We know that respect for Nature is also respect for ourselves

## The Facilitators

reconnecting.life is conducted, guarded and guided by experienced facilitators who are on their own personal journey of reconnecting to life from within.

Besides acting as the primary facilitators, we invite co-facilitators with extensive life experience within personal development related to business and leadership in one way or the other.

Our own experience within business, leadership and consulting goes many years back and we encourage you to look up our website to learn more about our professional background.

Devotion and total commitment to the purpose of reconnecting.life and the personal journey in itself are our common denominators. Besides this we bring our individual experiences, qualities and abilities into the process.



*Martin Wendelboe & Tina Monberg*

*"Unless you experience this journey personally, you cannot share it with anyone else."  
Chögyam Trungpa; "Smile at Fear"*



# reconnecting.life

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reconnecting.life is a Social Economic Company created in the intention of reconnecting business to operate from another level of consciousness.

## Our Vision

We believe an altered state in the world can be released by reconnecting to life, nourishing the holarity of our primordial human qualities of Power, Compassion & Wisdom.

We see leaders having an essential role in making this come true. By that leaders will create holistic corporations utilizing their full capacity and their abilities to take the lead and responsibility for life as a whole.

## A New Story

*Joseph Campbell from "The Power of Myth":*

*"...The only myth that is going to be worth thinking about in the immediate future is one that is talking about the planet, not the city, not these people, but the planet, and everybody on it.*

*And what it will have to deal with will be exactly what all myths have dealt with - the maturation of the individual, from dependency through adulthood, through maturity, and then to the exit; and then how to relate to this society and how to relate this society to the world of nature and the cosmos...*

*And this would be the philosophy for the planet, not for this group, that group, or the other group. When you see the earth from the moon, you don't see any divisions there of nations or states. This might be the symbol, really, for the new mythology to come."*

