

1st Turn Modules: The Wheel of Self, 2020-21

Personal Leadership, Taming Ego, A License to Self

"There is a difference between knowing the path & walking the path" - Morpheus, The Matrix

1 August 22nd, 9.30-17.00

- Frame Work & Setting the Scene
- The Inevitable Necessity & Shift in Paradigm
- A Warrior's Journey
- **The 5 Connectors***
- Ways of Working, Core Values, Beliefs & Meditation

2 September 18th, 9.30-17.00 September 19th, 9.00-15.00

- Precious Human Life
- Forming the idea & possibility of another way of being
- Glimpses of a Deeper Life Purpose
- Fellowship, Companionship & Mentorship

3 October 23rd, 9.30-17.00 October 24th, 9.00-15.00

- 1 **Business & Genuine Leadership***
- Entering Extraordinary World
- Leaving Safe Ground - Glimpses of Ego
- Facing Resistance & Loneliness

4 November 20th, 9.30-17.00 November 21st, 9.00-15.00

- 2 **Man & Nature*** - Ego & Eco
- Flirting with another way of being
- Facing Ego (Ego vs. Self) - Self Care
- Facing Resistance & Humiliation

5 December 18th, 9.30-17.00 December 19th, 9.00-15.00

- 3 **Science & Spirituality***
- Facing The Void & Facing Fear
- Exploring & Challenging Ego
- Facing Resistance & Aggression
- Determination, Discipline & Courage

6 January 22nd - 24th, 9.30-13.00 3 days with sleepover in sleeping bags

- 4 **Living & Life*** - Living & Dying
- Recognizing Ego
- The Act of Simply Being
- Glimpses of a New Life
- Fearlessness & Empowerment

7 March 19th, 9.30-17.00 March 20th, 9.00-15.00

- Reconnecting to Self
- Emerging Clarity & Resilience
- Acknowledging Ego
- Dignity, Confidence & Power
- The Personal Leader
- The Awakened Warrior

8 May 7th, 9.30-17.00 May 8th, 9.00-15.00

- 5 **Making & Magic***
- Reengaging The Ordinary World
- A Victorious Refugee
- Hanging out with Ego
- Awakefulness & Awareness
- Mindfulness in Action
- Peaceful & Joyful Sadness

9 June 19th, 9.30-17.00

- Experiences of a Personal Leader
- License to Self & Being with Ego
- Celebrating New Life
- Remembering The Calling

Place: Straagaarden
Bregneroedvej 8
DK-3250, Gilleleje

Request to participate:

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